

Open search panel



Search

Search the Insight Hub...

Cancel

- [Insights](#)  
[Rangahau](#)
- [Events](#)  
[Hui](#)
- [Partnerships](#)  
[Rangapū](#)
- [Impact](#)  
[Whakaaweawe](#)
- About  
Mō Mātou
  - [Overview](#)
  - [History](#)
  - [Support](#)
-  [0](#)  
[Saved](#)

 [0](#) [Saved](#)

 EN

- [Sign in](#)
- [Submit](#) 

Toggle navigation

[Submit](#) 



# Value of your network – Whanake o te Kōpara - Ellie Eastwood

Theme:  
Leadership




Co-authored by Ellie Eastwood, Sport Northland


I want to start off with one of my most important reflections from the programme; the value of your network. The importance of being surrounded by like-minded people has never been clearer. At the second wānanga, we had the wāhine from Women in Sport Waitaha come speak to us; they took us through their journey, and we soon learnt that what had started off as a conversation over drinks became a local network full of incredible leaders, movers, shakers, influencers, participants and supporters, doing amazing mahi to champion gender equity in sport. It really showcased the strength in collaboration and collective action.


Whanake o te Kōpara has also proven to me the depth and breadth of all aspects of wellbeing; where previously so much of my vision was focused on proving the value of physical activity, I am now valuing and understanding the importance of social relationships more. Truly connecting, feeling uplifted and understood by those around you, makes a world of difference towards daily motivation and achieving your goals.

A few weeks post our last wānanga, I visited Sky at Taupō Bay in the Far North, where her surf school was operating that day. Having a korero about the kaupapa, it was easy for us to agree that the impact of Whanake o te Kōpara was both unmatched and unexplainable. “Connecting with these wahine and getting a wider perspective on the positive impact they're having has been incredibly inspiring and challenges me to do more, to do better, to continue trying to make change, to back myself, to follow through with my ideas, and that it's okay to make mistakes”, Sky commented, also mentioning how valuable it was “to come together and share those ideas in an environment where we feel so optimistic and positively challenged.”

This is an ode to the environment created by the wonderful wāhine who lead and facilitate Whanake o te Kōpara; Fran McEwen, Sarah Leberman, Erin Roxburgh, and Merran Brockie-David. Furthermore, we had opportunities to hear about their journeys, learn from their experiences, and feel comfortable enough to ask our silliest questions to these incredible leaders. Walking away and feeling confident that at any stage, we can reach out to call on them for advice or support – this is a privilege not taken lightly.

  
Save this Insight





  
Print this Insight

  
Download Insight assets  
For use in your own documents

### Was this Insight helpful?



### Share this Insight

-  [Facebook](#)
-  [Twitter](#)
-  [Email](#)
-  Copy this page's URL



[Email this Insight](#)



Close 'Download Insight Assets' modal



## Download Insight assets


- [Value of your network – Whanake o te Kōpara - Ellie Eastwood.pdf](#)
- [IMG\\_2620.JPG 490KB JPG](#)

### Was this Insight useful?



## Similar Insights (112)

[Young Pacific Leaders Women's Sports Programme](#)



Save insight

Leadership

### Young Pacific Leaders Women's Sports Programme

By Merran Brockie-David - Women in Sport Aotearoa  
[Football Victoria Making Change](#)




Save insight

Leadership

### Football Victoria Making Change

[Female full-court press in basketball takeover](#)




Save insight

Leadership

### Female full-court press in basketball takeover

By Suzanne McFadden - LockerRoom  
[Change in Action Week - Innovative Impact FINALIST - Cambridge FC](#)




Save insight

Leadership

### Change in Action Week - Innovative Impact FINALIST - Cambridge FC


[Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa](#)

 Save insight

Leadership

**Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa**


[Change in Action Week - Dad's as Allies FINALIST - Dan Doland](#)

 Save insight

Leadership

**Change in Action Week - Dad's as Allies FINALIST - Dan Doland**


[Change in Action Week - Digital Innovation FINALIST - Brad Lenko](#)

 Save insight

Leadership

**Change in Action Week - Digital Innovation FINALIST - Brad Lenko**


[Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt](#)

 Save insight

Leadership

**Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt**


[Change in Action Week - Pioneer of Change FINALIST - Dino Michalakis](#)

 Save insight

Leadership

**Change in Action Week - Pioneer of Change FINALIST - Dino Michalakis**


[Akarana Falcons front with all-female coaching staff](#)

 Save insight

Leadership

**Akarana Falcons front with all-female coaching staff**

[Change in Action Week - Dad's as Allies FINALIST - Tyson Waina](#)

 Save insight

Leadership

**Change in Action Week - Dad's as Allies FINALIST - Tyson Waina**

[Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart](#)

☆ Save insight

Leadership

**Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart**

[Change in Action Week - Pioneer of Change Winner - Kimberley Kan](#)

☆ Save insight

Leadership

**Change in Action Week - Pioneer of Change Winner - Kimberley Kan**

[Change in Action Week - Wāhine Toa Winner - Shane Kiriau](#)

☆ Save insight

Leadership

**Change in Action Week - Wāhine Toa Winner - Shane Kiriau**

[Change in Action Week - Dad's as Allies Winner - Ben Quane](#)

☆ Save insight

Leadership

**Change in Action Week - Dad's as Allies Winner - Ben Quane**

[Play to Lead: The Generational Impact of Sport on Women's Leadership](#)

☆ Save insight

Leadership

**Play to Lead: The Generational Impact of Sport on Women's Leadership**

[Rise & Thrive Coaching Course - Manawatū](#)

☆ Save insight

Leadership

**Rise & Thrive Coaching Course - Manawatū**

By Merran Brockie-David - Women in Sport Aotearoa

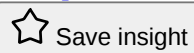
[Whanake o te Kōpara - Four Year Impact Report](#)

☆ Save insight

Leadership

**Whanake o te Kōpara - Four Year Impact Report**

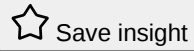
By Merran Brockie-David - Women in Sport Aotearoa  
[NZC prioritise understanding of Female Athlete Health](#)



Leadership

## NZC prioritise understanding of Female Athlete Health

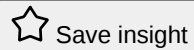
By Jess Davidson - New Zealand Cricket  
[Whanake o te Kōpara case study - Daneka Geaney-Jones](#)



Leadership

## Whanake o te Kōpara case study - Daneka Geaney-Jones

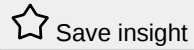
By Merran Brockie-David - Women in Sport Aotearoa  
[Gender Equity in Coaching Webinar](#)



Leadership

## Gender Equity in Coaching Webinar

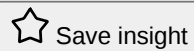
By Canadian Women & Sport - Canadian Women & Sport  
[Women and Girls Referees: Building a Transformative Infrastructure](#)



Leadership

## Women and Girls Referees: Building a Transformative Infrastructure

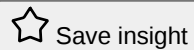
By Sarah Leberman MNZM - Women in Sport Aotearoa  
[One woman, two chairs at top of NZ sport](#)



Leadership

## One woman, two chairs at top of NZ sport

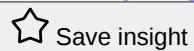
[2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership](#)



Leadership

## 2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership

[Tātāwhāinga - Episode 10: Gender Equity](#)



Leadership

Tātāwhāinga - Episode 10: Gender Equity

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 9: Sport Leadership](#)

☆ Save insight

Leadership

Tātāwhāinga - Episode 9: Sport Leadership

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation](#)

☆ Save insight

Leadership

Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1](#)

☆ Save insight

Leadership

Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes](#)

☆ Save insight

Leadership

Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle](#)

☆ Save insight

Leadership

Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle

By Erin Roxburgh - Women in Sport Aotearoa

[The Aotearoa Legacy](#)

☆ Save insight

Leadership



# The Aotearoa Legacy

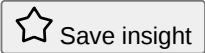
By Peta Forrest - Women in Sport Aotearoa  
[Young Women's Leadership Programme](#)



Leadership

## Young Women's Leadership Programme

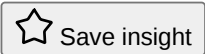
By Sarah Leberman MNZM - Women in Sport Aotearoa  
[IWG 2022 Progress Report](#)



Leadership

## IWG 2022 Progress Report

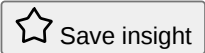
By Robyn Cockburn - LUMIN  
[Women & Girls Action Plan](#)



Leadership

## Women & Girls Action Plan

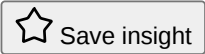
By Maddi Mclean - Sport New Zealand  
[Ako Wāhine: Journey of Learning](#)



Leadership

## Ako Wāhine: Journey of Learning

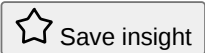
By Heather Dawson - New Zealand Rugby  
[Gender and Variation of Experience](#)



Leadership

## Gender and Variation of Experience

By Kirsten Spencer - Auckland University of Technology  
[New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course](#)

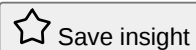


Leadership

## New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course

By Amy McClintock - Basketball New Zealand

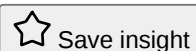
[Most kids are only coached by men in junior sport – women need to be part of the picture, too](#)



Leadership

**Most kids are only coached by men in junior sport – women need to be part of the picture, too**

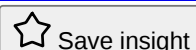
[Charmaine Smith cherishing opportunity to play international rugby](#)



Leadership

**Charmaine Smith cherishing opportunity to play international rugby**

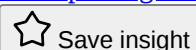
[Professional athletes share the struggle of motherhood and their careers](#)



Leadership

**Professional athletes share the struggle of motherhood and their careers**

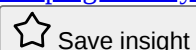
[Te Hāpaitanga's role in advancing women in high performance coaching](#)



Leadership

**Te Hāpaitanga's role in advancing women in high performance coaching**

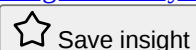
[Keeping our Olympians cool, calm and bug-free](#)



Leadership

**Keeping our Olympians cool, calm and bug-free**

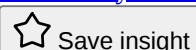
[King's Birthday honours](#)



Leadership

**King's Birthday honours**

[Case Study – Annalie Longo - LockerRoom](#)



Leadership

**Case Study – Annalie Longo - LockerRoom**


[LockerRoom Story: Case Study - Rushlee Buchanan](#)

 Save insight

Leadership

**LockerRoom Story: Case Study - Rushlee Buchanan**


[IWG: Mel Johnston - Women in Community Sport Club Leadership](#)

 Save insight

Leadership

**IWG: Mel Johnston - Women in Community Sport Club Leadership**

[Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand](#)

 Save insight

Leadership

**Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand**

[Young Women's Leadership Opportunity Provides Huge Value](#)

 Save insight

Leadership

**Young Women's Leadership Opportunity Provides Huge Value**


[Chiefs create tie to assist women’s rugby in New Zealand and Japan](#)

 Save insight

Leadership

**Chiefs create tie to assist women’s rugby in New Zealand and Japan**


[Trailblazing surf star lines up new gig](#)

 Save insight

Leadership

**Trailblazing surf star lines up new gig**

[Sport NZ announces 2024 Sport And Recreation Award Winners](#)

 Save insight

Leadership

**Sport NZ announces 2024 Sport And Recreation Award Winners**


[Women in Sport Recruitment and Retention Guidelines](#)

 Save insight

Leadership

**Women in Sport Recruitment and Retention Guidelines**

[Pacific Leadership Programme - Impacting Pacific Women & Girls](#)


 Save insight

Leadership

**Pacific Leadership Programme - Impacting Pacific Women & Girls**

By Merran Brockie-David - Women in Sport Aotearoa


[Gender Equity is Good Governance – Lessons from the Sport Sector](#)

 Save insight

Leadership

**Gender Equity is Good Governance – Lessons from the Sport Sector**


[IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts](#)

 Save insight

Leadership

**IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts**


[IWG: Emma Evans - Advancing leadership across the Pacific](#)

 Save insight

Leadership

**IWG: Emma Evans - Advancing leadership across the Pacific**


[2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women’s Sport: How Your Sport Can Make the Most Informed Decision.](#)

 Save insight

Leadership

**2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women’s Sport: How Your Sport Can Make the Most Informed Decision.**

[Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys](#)

 Save insight

Leadership

**Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys**  
[Strategies that Male Allies Use to Advance Women in the Workplace](#)

 Save insight

Leadership

**Strategies that Male Allies Use to Advance Women in the Workplace**


[Trailblazing basketballer making history in All Blacks management](#)

 Save insight

Leadership

**Trailblazing basketballer making history in All Blacks management**

[REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE](#)

 Save insight

Leadership

**REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE**


By Sarah Leberman MNZM - Women in Sport Aotearoa  
[Kiwi breaks the grass ceiling](#)

 Save insight

Leadership

**Kiwi breaks the grass ceiling**

[Grief, recriminations, then gold: How the wheel has turned for Cycling NZ](#)

 Save insight

Leadership

**Grief, recriminations, then gold: How the wheel has turned for Cycling NZ**


[Pacific Women's Leadership Programme - Host organisation impact](#)

 Save insight

Leadership

**Pacific Women's Leadership Programme - Host organisation impact**

By Merran Brockie-David - Women in Sport Aotearoa  
[Women, Sport & Governance](#)

 Save insight

Leadership

**Women, Sport & Governance**


[Ann Downey: Great female coaches are there, they just need to be asked](#)

 Save insight

Leadership

**Ann Downey: Great female coaches are there, they just need to be asked**


[The Reykjavík Index for Leadership](#)

 Save insight

Leadership

**The Reykjavík Index for Leadership**


['I'm saying this for the first time': AB's manager's road to the top](#)

 Save insight

Leadership

**'I'm saying this for the first time': AB's manager's road to the top**


[Megan Compain: NZ’s First Pro Basketball Player in the USA & All Blacks' New Commercial Manager](#)

 Save insight

Leadership

**Megan Compain: NZ’s First Pro Basketball Player in the USA & All Blacks' New Commercial Manager**


[Lisa O'Keefe: Uniting women’s sport across the world \(Podcast\)](#)

 Save insight

Leadership

**Lisa O'Keefe: Uniting women’s sport across the world (Podcast)**


[Sports Management Training Programme empowering women in Africa](#)

 Save insight

Leadership

**Sports Management Training Programme empowering women in Africa**

[Bringing Gender in Tool](#)

 Save insight

Leadership

Bringing Gender in Tool


[Celebrating Champions of Change: Helene Wilson](#)

 Save insight

Leadership

Celebrating Champions of Change: Helene Wilson

[How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?](#)

 Save insight

Leadership

How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?

[Celebrating Champions of Change: Rebecca Rolls](#)

 Save insight

Leadership

Celebrating Champions of Change: Rebecca Rolls

[Pacific Women's Leadership impact: Pualele Craig](#)

 Save insight

Leadership

Pacific Women's Leadership impact: Pualele Craig

By Merran Brockie-David - Women in Sport Aotearoa


[5 4 3 2 1 Paris: Luuka Jones](#)

 Save insight

Leadership

5 4 3 2 1 Paris: Luuka Jones

[Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei](#)

 Save insight

Leadership

Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei

[IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women](#)

 Save insight

Leadership

**IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women**  
[Launch of Basketball New Zealand Emerging Leaders Programme!](#)

 Save insight

Leadership

**Launch of Basketball New Zealand Emerging Leaders Programme!**

[Wonder Women: Women Who Lead initiative launched](#)

 Save insight

Leadership

**Wonder Women: Women Who Lead initiative launched**


[IWG: Michelle DeHighden - Developing our NextGEN Female Coaches](#)

 Save insight

Leadership

**IWG: Michelle DeHighden - Developing our NextGEN Female Coaches**


[Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion](#)

 Save insight

Leadership

**Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion**


[Black Ferns leader's momentous rugby deal](#)

 Save insight

Leadership

**Black Ferns leader's momentous rugby deal**


[Supporting good governance through board gender diversity](#)

 Save insight

Leadership

**Supporting good governance through board gender diversity**

[Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple](#)

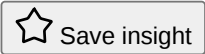
 Save insight

Leadership



# Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple

[New research reveals how sports clubs manage integrity issues - AUT](#)



Leadership

## New research reveals how sports clubs manage integrity issues - AUT

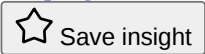
[Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions](#)



Leadership

## Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions

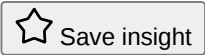
[Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions](#)



Leadership

## Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions

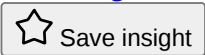
[IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot](#)



Leadership

## IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot

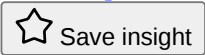
[Enhancing Participation Pathways for Women Coaches in Community Sport](#)



Leadership

## Enhancing Participation Pathways for Women Coaches in Community Sport

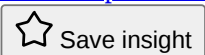
[A development experience to remember](#)



Leadership

## A development experience to remember

[A development experience to remember](#)



Leadership

**A development experience to remember**

[Parents Guide to getting young women and girls physically active](#)


 Save insight

Leadership

**Parents Guide to getting young women and girls physically active**

By Briana iring - Aktive - Auckland Sport & Recreation

[HERA Coaching Young Women and Girls Toolkit](#)


 Save insight

Leadership

**HERA Coaching Young Women and Girls Toolkit**

By Briana iring - Aktive - Auckland Sport & Recreation


[IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports](#)

 Save insight

Leadership

**IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports**


[IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports](#)

 Save insight

Leadership

**IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports**


[IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.](#)

 Save insight

Leadership

**IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.**

[Hera principles](#)


 Save insight

Leadership

**Hera principles**

By Briana iring - Aktive - Auckland Sport & Recreation

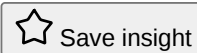
[IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports](#)

 Save insight

Leadership

## IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports

[IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing](#)



Leadership

## IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing

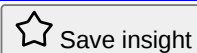
[IWG: Akane Mikura - JBA progress of developing women coach](#)




Leadership

## IWG: Akane Mikura - JBA progress of developing women coach

[Te Whāriki Hou- Te Mana o te Wahine](#)



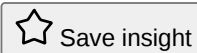
 Te Whāriki Hou

Leadership

## Te Whāriki Hou- Te Mana o te Wahine

By Amy McClintock - Basketball New Zealand

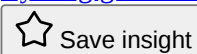
[IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture](#)



Leadership

## IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture

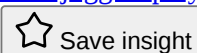
[Cycling great dodges potholes in life after sport](#)



Leadership

## Cycling great dodges potholes in life after sport

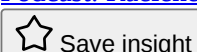
[Fern juggles player and coach roles](#)



Leadership

## Fern juggles player and coach roles

[Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!](#)



Leadership

## Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!

[Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report](#)



Save insight

Leadership

## Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report

By Rachel Howells - Sport New Zealand

[Improving Women's Experiences of Mentorship in Canadian Coaching](#)



Save insight

Leadership

## Improving Women's Experiences of Mentorship in Canadian Coaching

[Playing Sports May Be The Secret To Women's Career Success](#)



Save insight

Leadership

## Playing Sports May Be The Secret To Women's Career Success

[Nuku Ora W&G Week Collaboration Session](#)



Save insight

Leadership

## Nuku Ora W&G Week Collaboration Session

By Lily Joiner - Nuku Ora

[Whanake o te Kōpara - Impacting young wāhine](#)






Save insight

Leadership

## Whanake o te Kōpara - Impacting young wāhine

By Merran Brockie-David - Women in Sport Aotearoa





## Our Partners

-  Sport NZ
-  NZ Foreign affairs and trade
-  US Embassy NZ

[Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa](#)



Facebook

-  [Instagram](#)
-  [Linkedin](#)
-  [TikTok](#)
-  [YouTube](#)

- [Contact](#)
- [FAQs](#)
- [Privacy policy](#)
- [Terms of use](#)

© 2024 Women in Sport Aotearoa


## Subscribe to our newsletter


Receive the latest news, events and insights as we publish them.

Name:

Email:

[Subscribe](#) >

Close panel

 Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa

## Subscribe to our newsletter

Our weekly email delivering the latest insights as we publish them, tailored to your tastes.

First name:\*

Email:\*

### Preferences

Select those that apply to you to help us customise your Insight Hub experience.

#### Insight Themes

- ☒ All
- ☒ Leadership
- ☒ Social Change
- ☒ Active Lives
- ☒ High Performance
- ☒ Visibility and Voice

#### Insight Content Types

- ☒ All
- ☒ Research
- ☒ Case studies
- ☒ News stories



Toolkits

Subscribe now >