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#### The female-friendliness of New Zealand's tennis clubs

Theme: Participation

The female-friendliness of New Zealand's tennis clubs

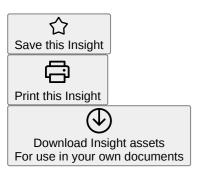
Co-authored by Mel Johnston(a), Michael Naylora, Amber Campbella, Jenny Fitzmaurice(b) & Lesley Ferkinsa(b), (a) Auckland University of Technology – Sport Performance Research Institute New Zealand. (b) Tennis New Zealand.

Across an array of contexts, a 'female-friendly environment' is increasingly thought to positively impact participation levels for women and girls. The aim of this study is to provide insights on the female-friendliness of New Zealand's tennis clubs. Both numeric and text data were collected as part of the 2021 National Sport Club Survey.

Tennis club representatives agreed more strongly that their club has suitable changing facilities for women/girls and that playing/training times are equally allocated than club representatives across the full sample across every sport. Within a typology of female friendly clubs, most fit into the disengaged category in which the prevailing view is unfortunately that female-friendliness isn't an issue and that existing inclusion efforts are good enough. It is suggested that tennis organisations at regional and national level provide information and strategies to clubs that have an aspiration to become more female-friendly.

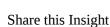
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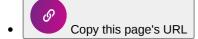












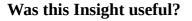




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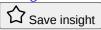
Change in Action Week - Innovative Impact FINALIST - Wahine Toa



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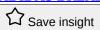
Change in Action Week - Rangatahi Winner - Carmel College



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ADIDAS BREAKING BARRIERS RESEARCH



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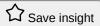
Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



Participation

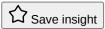
#### Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



#### GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand A 2024 SURVEY FOR: Women in Trail and Ultrarunning



Participation

#### A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

2022 IWG: Christine Young - Integrity in HP Youth Sport



Participation

2022 IWG: Christine Young - Integrity in HP Youth Sport

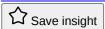
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



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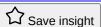
2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wahine in Sport



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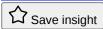
2022 IWG: Kirsten Spencer - Sport as a social development tool



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2022 IWG: Kirsten Spencer - Sport as a social development tool

2022 IWG: Erin Hatton - Driving transformational change



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2022 IWG: Erin Hatton - Driving transformational change

**Understanding Period Poverty Infographic** 



#### **Understanding Period Poverty Infographic**

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

#### Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



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#### **Netball Resources for Clubs and School Administrators**

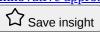
By Jenna Murie - Netball New Zealand Girls Smash Modified Girls Only Cricket Programme



Participation

#### Girls Smash Modified Girls Only Cricket Programme

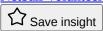
By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>



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#### Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



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#### **Netball Volunteer Programme**

By Jenna Murie - Netball New Zealand

Mind. Set. Engage. Rugby's mental wellbeing programme.



#### Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool



Participation

Participation

#### **Sport as a Social Development Tool**

By Kirsten Spencer - Auckland University of Technology

Netball Player Development Programme



Participation

#### **Netball Player Development Programme**

By Alysha Jensen - Netball New Zealand

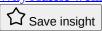
COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



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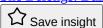
Why Aussie women's sport needs to talk about fertility



Participation

#### Why Aussie women's sport needs to talk about fertility

She Belongs: Building Social Connection for Lasting Participation in Sport



Participation

#### **She Belongs: Building Social Connection for Lasting Participation in Sport**

By Canadian Women & Sport - Canadian Women & Sport

Sport for Sustainable Development: Designing Effective Policies and Programmes



Participation

#### **Sport for Sustainable Development: Designing Effective Policies and Programmes**

The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport



### The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

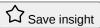
Huge uptick in girls and women playing football in New Zealand

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#### Huge uptick in girls and women playing football in New Zealand

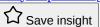
Resources on Male Allyship



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#### **Resources on Male Allyship**

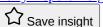
Rally Report Insights: Body Confidence



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#### **Rally Report Insights: Body Confidence**

Rally Report Insights: Mental Health



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#### **Rally Report Insights: Mental Health**

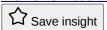
What type of uniforms do women want to wear when they referee or umpire sport?



Participation

#### What type of uniforms do women want to wear when they referee or umpire sport?

Women & Padel: Start of a love story



Participation

#### Women & Padel: Start of a love story

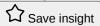
Empowering young women to lead their experiences - Journeys Central Otago



#### Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way



**Participation** 

#### Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia

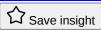


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#### Kōhine māia

By Rachel Howells - Sport New Zealand

Yeah! Girls Move - Cricket not the way you know it





**Participation** 

#### Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme



Participation

#### For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club



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#### Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand

Manawatū Cricket Association case study

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#### Manawatū Cricket Association case study



Removing Period Poverty As a Barrier to Participation



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#### **Removing Period Poverty As a Barrier to Participation**

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand



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#### Te Awamutu AFC starts 2024 off strong with growing demand

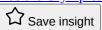
Five things to know about women and sport



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#### Five things to know about women and sport

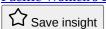
Has the Olympics become too sexualised? How sex and gender debates drove online discourse



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#### Has the Olympics become too sexualised? How sex and gender debates drove online discourse

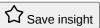
Pacific Women's Leadership Programme Impact - Sela Vaenuku

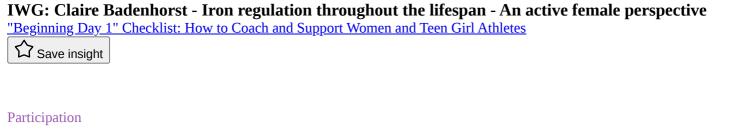


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#### Pacific Women's Leadership Programme Impact - Sela Vaenuku

IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective





#### "Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

Nutrition For Female Athletes



Participation

#### **Nutrition For Female Athletes**

Coaching through a Gender Lens Infographic



Participation

#### Coaching through a Gender Lens Infographic

Angel City Equity House Podcast: Myth Busters presented by Gatorade



Participation

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2022 IWG: Emily Davidson - She Loves Golf Presentation



Participation

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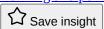
Hikurangi Golf Club president Felice Croft encouraging more women into the sport



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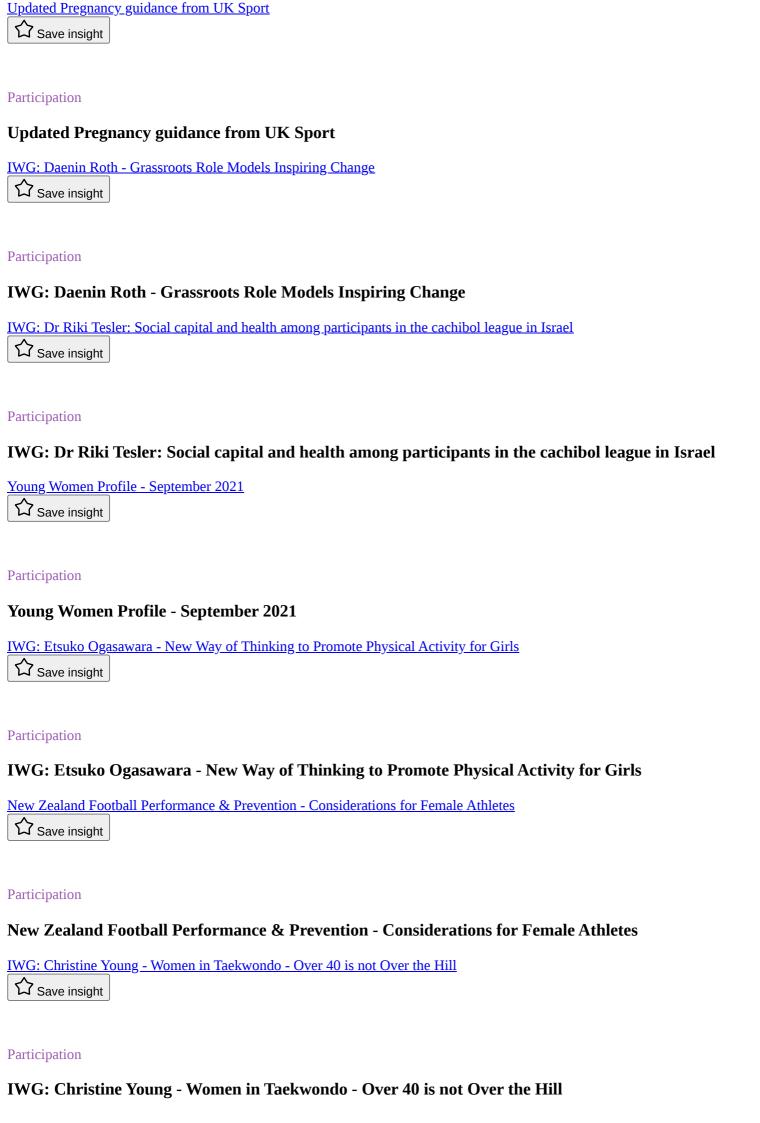
#### Hikurangi Golf Club president Felice Croft encouraging more women into the sport

Running and periods: The myths about exercise and your menstrual cycle, debunked



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Running and periods: The myths about exercise and your menstrual cycle, debunked



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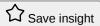
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#### Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



#### IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



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#### **Supporting Disabled Teenage Girls to be Active**

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



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#### 400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"



Participation

## Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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