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Resources on Male Allyship

Theme: Participation

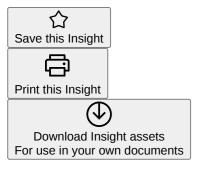
Resources on Male Allyship

Co-authored by Utah Women & Leadership Project

Dr. Susan R. Madsen, a scholar and researcher who has studied male allyship for nearly a decade, has compiled a comprehensive list of resources for anyone interested in the topic. This curated selection includes books, reports, articles, curricula, videos, and podcasts, many of which are produced by the Utah Women & Leadership Project (UWLP) and other renowned experts.

Access the full list of resources below:

Male Allyship Resources



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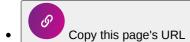


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ADIDAS BREAKING BARRIERS RESEARCH

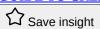
Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



Participation

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



Participation

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

A 2024 SURVEY FOR: Women in Trail and Ultrarunning



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A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

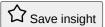
2022 IWG: Christine Young - Integrity in HP Youth Sport



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2022 IWG: Christine Young - Integrity in HP Youth Sport

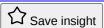
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



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2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wahine in Sport



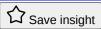
2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport

2022 IWG: Kirsten Spencer - Sport as a social development tool

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2022 IWG: Kirsten Spencer - Sport as a social development tool

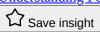
2022 IWG: Erin Hatton - Driving transformational change



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2022 IWG: Erin Hatton - Driving transformational change

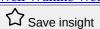
Understanding Period Poverty Infographic



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Understanding Period Poverty Infographic

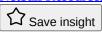
By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



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Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



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Netball Resources for Clubs and School Administrators

By Jenna Murie - Netball New Zealand Girls Smash Modified Girls Only Cricket Programme



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Girls Smash Modified Girls Only Cricket Programme

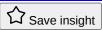
By Jess Davidson - New Zealand Cricket

<u>Innovative approaches to encouraging women's participation in Golf</u>



Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



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Netball Volunteer Programme

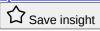
By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.



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Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool

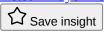


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Sport as a Social Development Tool

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme

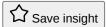


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Netball Player Development Programme

By Alysha Jensen - Netball New Zealand

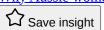
COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



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COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

Why Aussie women's sport needs to talk about fertility



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Why Aussie women's sport needs to talk about fertility



Women & Padel:	Start of a love story
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Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago



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Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way



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Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



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Kōhine māia

By Rachel Howells - Sport New Zealand

Yeah! Girls Move - Cricket not the way you know it





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Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme



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For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club



Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



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Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash

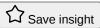


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Backyard Smash & Sista Smash

By Roxanna Holdworth - This is ME

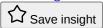
<u>The female-friendliness of New Zealand's tennis clubs</u>



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The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



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Removing Period Poverty As a Barrier to Participation

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand



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Te Awamutu AFC starts 2024 off strong with growing demand

Five things to know about women and sport



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Five things to know about women and sport

Has the Olympics become too sexualised? How sex and gender debates drove online discourse

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Has the Olympics become too sexualised? How sex and gender debates drove online discourse Pacific Women's Leadership Programme Impact - Sela Vaenuku
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Pacific Women's Leadership Programme Impact - Sela Vaenuku
IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
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IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes Save insight
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Nutrition For Female Athletes
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Nutrition For Female Athletes
Coaching through a Gender Lens Infographic
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Coaching through a Gender Lens Infographic

<u>Angel City Equity House Podcast: Myth Busters presented by Gatorade</u>

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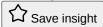
Angel City Equity House Podcast: Myth Busters presented by Gatorade

2022 IWG: Emily Davidson - She Loves Golf Presentation



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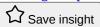
Hikurangi Golf Club president Felice Croft encouraging more women into the sport



Participation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport

Running and periods: The myths about exercise and your menstrual cycle, debunked



Participation

Running and periods: The myths about exercise and your menstrual cycle, debunked

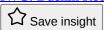
Updated Pregnancy guidance from UK Sport



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Updated Pregnancy guidance from UK Sport

IWG: Daenin Roth - Grassroots Role Models Inspiring Change



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IWG: Daenin Roth - Grassroots Role Models Inspiring Change

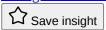
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel



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IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel

Young Women Profile - September 2021



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Young Women Profile - September 2021

IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls



IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

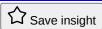
New Zealand Football Performance & Prevention - Considerations for Female Athletes



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New Zealand Football Performance & Prevention - Considerations for Female Athletes

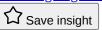
IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



Participation

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles



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Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants

TW 10 CO-Design A Programme With Participants



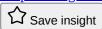
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How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme

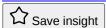


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Empowering Disengaged Girls Through A Participant-Centered Programme

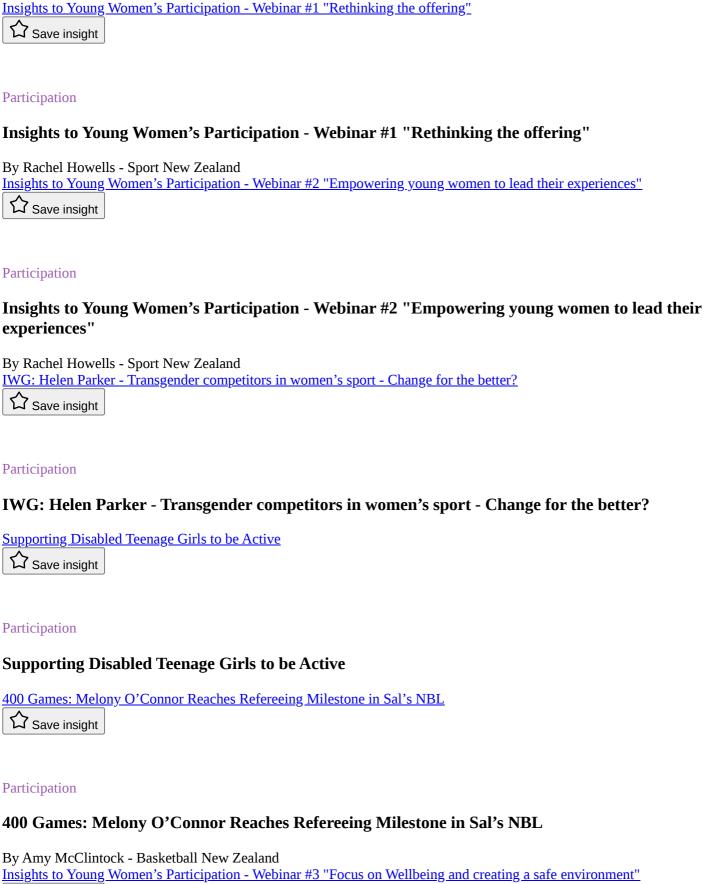
By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

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Aktive Women & Girls Facility Guide



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Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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