Skip to content Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa Open search panel Search Search the Insight Hub... Cancel

- <u>Insights</u> <u>Rangahau</u>
- Events Hui
- <u>Partnerships</u> <u>Rangapū</u>
- <u>Impact</u><u>Whakaaweawe</u>
- About Mō Mātou
 - Overview
 - <u>History</u>
 - Support
- ☆<u>0</u> Saved



- Sign in
- Submit





Case Study - Annalie Longo - LockerRoom

Theme: Leadership

Case Study – Annalie Longo - LockerRoom

Co-authored by Merryn Anderson, LockerRoom

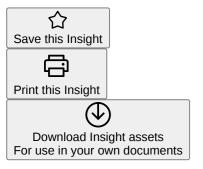
Juggling football and a career has been an ongoing challenge for Football Ferns centurion Annalie Longo as she looks to play in her sixth FIFA World Cup.

But the opportunity to add another challenge, participation in HPSNZ's Te Hāpaitanga coaching initiative, to her juggling act was too hard for her to resist.

Annalie has always had a passion for coaching and jumped at the chance to apply for Te Hāpaitanga at the last intake.

Annalie talked with LockerRoom's sports writer, Merryn Anderson, about her playing challenges ahead of the FIFA World Cup and about her experience on the Te Hāpaitanga programme to date.

https://www.newsroom.co.nz/lockerroom/fern-juggles-player-and-coach-roles



Was this Insight helpful?



Share this Insight









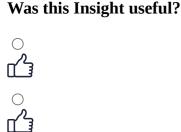




X Close 'Download Insight Assets' modal

Download Insight assets

- <u>Case Study Annalie Longo LockerRoom.pdf</u>
- Analie.jpg 90KB JPG



Similar Insights (96)

Rise & Thrive Coaching Course - Manawatū



Leadership

Rise & Thrive Coaching Course - Manawatū

By Merran Brockie-David - Women in Sport Aotearoa <u>Whanake o te Kōpara - Four Year Impact Report</u>



Leadership

Whanake o te Kōpara - Four Year Impact Report

By Merran Brockie-David - Women in Sport Aotearoa NZC prioritise understanding of Female Athlete Health



Leadership

NZC prioritise understanding of Female Athlete Health

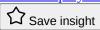
By Jess Davidson - New Zealand Cricket Whanake o te Kōpara case study - Daneka Geaney-Jones



Leadership

Whanake o te Kōpara case study - Daneka Geaney-Jones

By Merran Brockie-David - Women in Sport Aotearoa <u>Gender Equity in Coaching Webinar</u>



Leadership

Gender Equity in Coaching Webinar

By Canadian Women & Sport - Canadian Women & Sport Women and Girls Referees: Building a Transformative Infrastructure



Women and Girls Referees: Building a Transformative Infrastructure

By Sarah Leberman MNZM - Women in Sport Aotearoa

One woman, two chairs at top of NZ sport



Leadership

One woman, two chairs at top of NZ sport

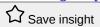
2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership



Leadership

2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership

Tātāwhāinga - Episode 10: Gender Equity



Leadership

Tātāwhāinga - Episode 10: Gender Equity

By Erin Roxburgh - Women in Sport Aotearoa Tātāwhāinga - Episode 9: Sport Leadership

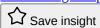


Leadership

Tātāwhāinga - Episode 9: Sport Leadership

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation



Leadership

Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1



Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes

Save insight

Leadership

Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle

Save insight

Leadership

Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle

By Erin Roxburgh - Women in Sport Aotearoa

The Aotearoa Legacy



Leadership

The Aotearoa Legacy

By Peta Forrest - Women in Sport Aotearoa

Young Women's Leadership Programme



Leadership

Young Women's Leadership Programme

By Sarah Leberman MNZM - Women in Sport Aotearoa

IWG 2022 Progress Report



Leadership

IWG 2022 Progress Report

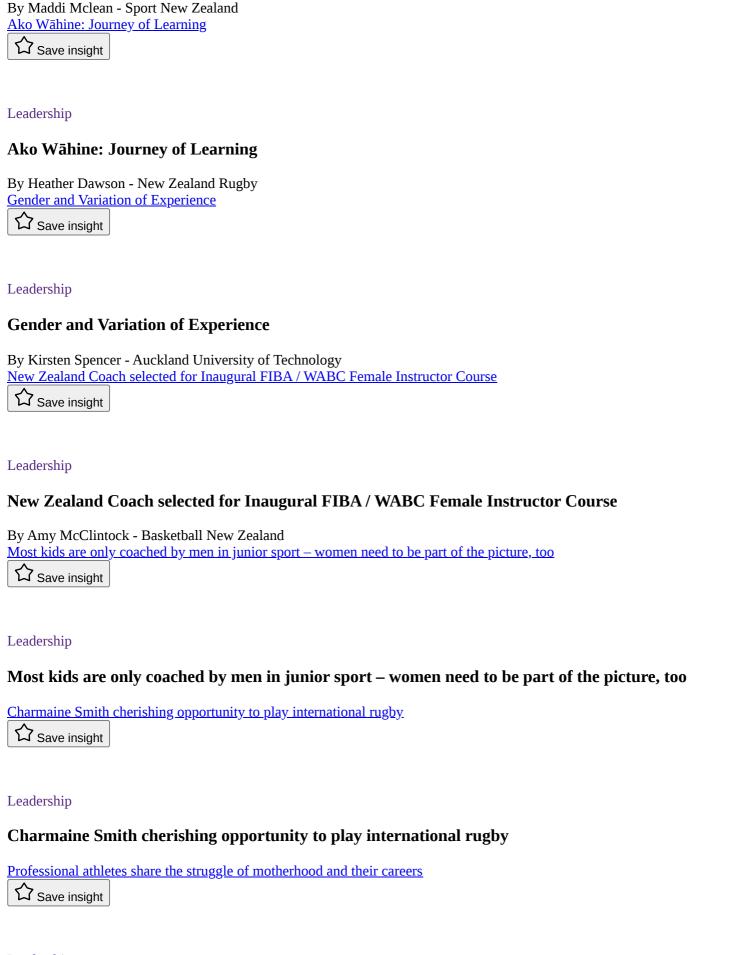
By Robyn Cockburn - LUMIN

Women & Girls Action Plan



Leadership

Women & Girls Action Plan



Professional athletes share the struggle of motherhood and their careers

Te Hāpaitanga's role in advancing women in high performance coaching



Leadership Te Hāpaitanga's role in advancing women in high performance coaching Keeping our Olympians cool, calm and bug-free Save insight Leadership Keeping our Olympians cool, calm and bug-free King's Birthday honours Save insight Leadership King's Birthday honours LockerRoom Story: Case Study - Rushlee Buchanan Save insight Leadership LockerRoom Story: Case Study - Rushlee Buchanan IWG: Mel Johnston - Women in Community Sport Club Leadership Save insight Leadership IWG: Mel Johnston - Women in Community Sport Club Leadership Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand Save insight Leadership Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand Young Women's Leadership Opportunity Provides Huge Value

Save insight

Leadership

Young Women's Leadership Opportunity Provides Huge Value

<u>Value of your network – Whanake o te Kōpara - Ellie Eastwood</u>



Leadership

Value of your network – Whanake o te Kōpara - Ellie Eastwood Chiefs create tie to assist women's rugby in New Zealand and Japan Save insight Leadership Chiefs create tie to assist women's rugby in New Zealand and Japan Trailblazing surf star lines up new gig Save insight Leadership Trailblazing surf star lines up new gig Sport NZ announces 2024 Sport And Recreation Award Winners Save insight Leadership Sport NZ announces 2024 Sport And Recreation Award Winners Women in Sport Recruitment and Retention Guidelines Save insight Leadership Women in Sport Recruitment and Retention Guidelines Pacific Leadership Programme - Impacting Pacific Women & Girls Save insight Leadership **Pacific Leadership Programme - Impacting Pacific Women & Girls** By Merran Brockie-David - Women in Sport Aotearoa Gender Equity is Good Governance – Lessons from the Sport Sector Save insight Leadership **Gender Equity is Good Governance – Lessons from the Sport Sector**

IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts

Leadership

Save insight

IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts WG: Emma Evans - Advancing leadership across the Pacific
Save insight
Leadership
IWG: Emma Evans - Advancing leadership across the Pacific
2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women's Sport: How Your Sport Can Make the Most
Informed Decision.
Save insignt
Leadership
2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women's Sport: How Your Sport Can Make the Most Informed Decision.
Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys
Save insight
Leadership
Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys
Strategies that Male Allies Use to Advance Women in the Workplace
Save insight
Leadership
Strategies that Male Allies Use to Advance Women in the Workplace
Trailblazing basketballer making history in All Blacks management
Save insight
Leadership
Trailblazing basketballer making history in All Blacks management
REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE
Save insight
Leadership

REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL

By Sarah Leberman MNZM - Women in Sport Aotearoa Kiwi breaks the grass ceiling

Save insight

SPORT GOVERNANCE

Leadership
Kiwi breaks the grass ceiling Grief, recriminations, then gold: How the wheel has turned for Cycling NZ Save insight
Loadorchin

Grief, recriminations, then gold: How the wheel has turned for Cycling NZ

Pacific Women's Leadership Programme - Host organisation impact

Save insight

Leadership

Pacific Women's Leadership Programme - Host organisation impact

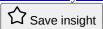
By Merran Brockie-David - Women in Sport Aotearoa Women, Sport & Governance



Leadership

Women, Sport & Governance

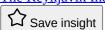
Ann Downey: Great female coaches are there, they just need to be asked



Leadership

Ann Downey: Great female coaches are there, they just need to be asked

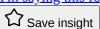
The Reykjavík Index for Leadership



Leadership

The Reykjavík Index for Leadership

'I'm saying this for the first time': AB's manager's road to the top



Leadership

'I'm saying this for the first time': AB's manager's road to the top

Megan Compain: NZ's First Pro Basketball Player in the USA & All Blacks' New Commercial Manager



Leadership Megan Compain: NZ's First Pro Basketball Player in the USA & All Blacks' New Commercial Manager Lisa O'Keefe: Uniting women's sport across the world (Podcast) Save insight Leadership Lisa O'Keefe: Uniting women's sport across the world (Podcast) Sports Management Training Programme empowering women in Africa Save insight Leadership Sports Management Training Programme empowering women in Africa Bringing Gender in Tool Save insight Leadership **Bringing Gender in Tool** Celebrating Champions of Change: Helene Wilson Save insight Leadership Celebrating Champions of Change: Helene Wilson How can we best support women with family or caregiving responsibilities to excel as a high-performance coach? Save insight Leadership How can we best support women with family or caregiving responsibilities to excel as a high-performance coach? Celebrating Champions of Change: Rebecca Rolls

Save insight

Leadership

Celebrating Champions of Change: Rebecca Rolls

Pacific Women's Leadership impact: Pualele Craig



Pacific Women's Leadership impact: Pualele Craig

By Merran Brockie-David - Women in Sport Aotearoa

5 4 3 2 1 Paris: Luuka Jones

Save insight

Leadership

5 4 3 2 1 Paris: Luuka Jones

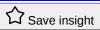
Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei



Leadership

Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei

IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women



Leadership

IWG: Fran McEwen - Whanake o te Kopara: co-designing a leadership programme for young women

Launch of Basketball New Zealand Emerging Leaders Programme!



Leadership

Launch of Basketball New Zealand Emerging Leaders Programme!

Wonder Women: Women Who Lead initiative launched



Leadership

Wonder Women: Women Who Lead initiative launched

IWG: Michelle DeHighden - Developing our NextGEN Female Coaches



Leadership

IWG: Michelle DeHighden - Developing our NextGEN Female Coaches

Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion



Leadership
Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion Black Ferns leader's momentous rugby deal
★ Save insight
Leadership
Black Ferns leader's momentous rugby deal
Supporting good governance through board gender diversity Save insight
Leadership
Supporting good governance through board gender diversity
Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple Save insight
Leadership
Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple
New research reveals how sports clubs manage integrity issues - AUT Save insight
Leadership
New research reveals how sports clubs manage integrity issues - AUT
Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions Save insight
Leadership
Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions
Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions Save insight

Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions

<u>IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot</u>



IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot

Enhancing Participation Pathways for Women Coaches in Community Sport

Leadership

Enhancing Participation Pathways for Women Coaches in Community Sport

A development experience to remember

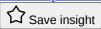




Leadership

A development experience to remember

A development experience to remember



Leadership

A development experience to remember

Parents Guide to getting young women and girls physically active



Leadership

Parents Guide to getting young women and girls physically active

By Briana irving - Aktive - Auckland Sport & Recreation

HERA Coaching Young Women and Girls Toolkit

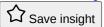


Leadership

HERA Coaching Young Women and Girls Toolkit

By Briana irving - Aktive - Auckland Sport & Recreation

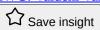
IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports



Leadership

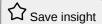
IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports

IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports



IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports

IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.



Leadership

IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.

Hera principles

Save insight

Leadership

Hera principles

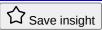
By Briana irving - Aktive - Auckland Sport & Recreation IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports



Leadership

IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports

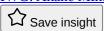
IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing



Leadership

IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing

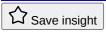
IWG: Akane Mikura - JBA progress of developing women coach

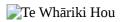


Leadership

IWG: Akane Mikura - JBA progress of developing women coach

Te Whāriki Hou- Te Mana o te Wahine



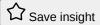


Leadership

Te Whāriki Hou- Te Mana o te Wahine

By Amy McClintock - Basketball New Zealand

IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture



IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture

Cycling great dodges potholes in life after sport



Leadership

Cycling great dodges potholes in life after sport

Fern juggles player and coach roles



Leadership

Fern juggles player and coach roles

Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!



Leadership

Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!

Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report



Leadership

Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report

By Rachel Howells - Sport New Zealand

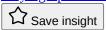
Improving Women's Experiences of Mentorship in Canadian Coaching



Leadership

Improving Women's Experiences of Mentorship in Canadian Coaching

Playing Sports May Be The Secret To Women's Career Success



Leadership

Playing Sports May Be The Secret To Women's Career Success

Nuku Ora W&G Week Collaboration Session



Nuku Ora W&G Week Collaboration Session

By Lily Joiner - Nuku Ora

Whanake o te Kōpara - Impacting young wāhine

Save insight

Leadership

Whanake o te Kopara - Impacting young wahine

By Merran Brockie-David - Women in Sport Aotearoa

Our Partners

- Sport NZ Sport NZ
- NZ Foreign affairs and trade NZ Foreign affairs and trade

Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa









- Contact
- FAOs
- Privacy policy
- Terms of use

© 2024 Women in Sport Aotearoa

Subscribe to our newsletter

Receive the latest news, events and insights as we publish them.

Name:
Email:
Subscribe

Close panel

Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa

Subscribe to our newsletter

Our weekly email delivering the latest insights as we publish them, tailored to your tastes.

First nan	ne:*	
Email:*		

Preferences

Select those that apply to you to help us customise your Insight Hub experience.

Insight Themes

• 🗸

All

• 🗸

Leadership

• <

Social Change

. .

Active Lives

• <

High Performance

• 🗸

Visibility and Voice

Insight Content Types

• 🗸

All

•

Research

• 🗸

Case studies

. .

News stories

• <

Toolkits

Subscribe now >