Skip to content Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa Open search panel Search Search the Insight Hub... Cancel Insights

- Rangahau
 Events
 Hui
- Partnerships Rangapū
- Impact WhakaaweaweAbout
- About <u>Mō Mātou</u>
- ☆<u>0</u> Saved



- Sign in
- Submit





Case Study - Annalie Longo - LockerRoom

Theme: Leadership

Case Study – Annalie Longo - LockerRoom

Co-authored by Merryn Anderson, LockerRoom

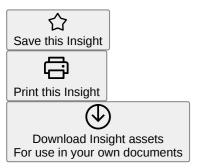
Juggling football and a career has been an ongoing challenge for Football Ferns centurion Annalie Longo as she looks to play in her sixth FIFA World Cup.

But the opportunity to add another challenge, participation in HPSNZ's Te Hāpaitanga coaching initiative, to her juggling act was too hard for her to resist.

Annalie has always had a passion for coaching and jumped at the chance to apply for Te Hāpaitanga at the last intake.

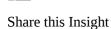
Annalie talked with LockerRoom's sports writer, Merryn Anderson, about her playing challenges ahead of the FIFA World Cup and about her experience on the Te Hāpaitanga programme to date.

https://www.newsroom.co.nz/lockerroom/fern-juggles-player-and-coach-roles



Was this Insight helpful?

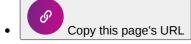


















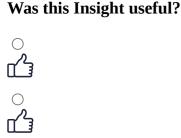


Email this Insight



① Download Insight assets

- <u>Case Study Annalie Longo LockerRoom.pdf</u>
- Analie.jpg 90KB JPG



Similar Insights (91)

NZC prioritise understanding of Female Athlete Health



Leadership

NZC prioritise understanding of Female Athlete Health

By Jess Davidson - New Zealand Cricket

<u>Whanake o te Kōpara case study - Daneka Geaney-Jones</u>



Leadership

Whanake o te Kōpara case study - Daneka Geaney-Jones

By Merran Brockie-David - Women in Sport Aotearoa <u>Gender Equity in Coaching Webinar</u>



Leadership

Gender Equity in Coaching Webinar

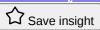
By Canadian Women & Sport - Canadian Women & Sport Women and Girls Referees: Building a Transformative Infrastructure



Leadership

Women and Girls Referees: Building a Transformative Infrastructure

By Sarah Leberman MNZM - Women in Sport Aotearoa One woman, two chairs at top of NZ sport



Leadership

One woman, two chairs at top of NZ sport

2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership



2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership

Tātāwhāinga - Episode 10: Gender Equity

Save insight

Leadership

Tātāwhāinga - Episode 10: Gender Equity

By Erin Roxburgh - Women in Sport Aotearoa

<u>Tātāwhāinga - Episode 9: Sport Leadership</u>

Save insight

Leadership

Tātāwhāinga - Episode 9: Sport Leadership

By Erin Roxburgh - Women in Sport Aotearoa

<u>Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation</u>

Save insight

Leadership

Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1

Save insight

Leadership

Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes



Leadership

Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle



Leadership

Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle

By Erin Roxburgh - Women in Sport Aotearoa The Aotearoa Legacy

Save insight

Leadership

The Aotearoa Legacy

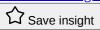
By Peta Forrest - Women in Sport Aotearoa Young Women's Leadership Programme



Leadership

Young Women's Leadership Programme

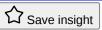
By Sarah Leberman MNZM - Women in Sport Aotearoa **IWG 2022 Progress Report**



Leadership

IWG 2022 Progress Report

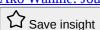
By Robyn Cockburn - LUMIN Women & Girls Action Plan



Leadership

Women & Girls Action Plan

By Maddi Mclean - Sport New Zealand Ako Wāhine: Journey of Learning



Leadership

Ako Wāhine: Journey of Learning

By Heather Dawson - New Zealand Rugby Gender and Variation of Experience



Leadership

Gender and Variation of Experience

By Kirsten Spencer - Auckland University of Technology

Save insight
Leadership
New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course
By Amy McClintock - Basketball New Zealand Most kids are only coached by men in junior sport – women need to be part of the picture, too Save insight
Leadership
Most kids are only coached by men in junior sport – women need to be part of the picture, too
Charmaine Smith cherishing opportunity to play international rugby Save insight
Leadership
Charmaine Smith cherishing opportunity to play international rugby
Professional athletes share the struggle of motherhood and their careers Save insight
Leadership
Professional athletes share the struggle of motherhood and their careers
Te Hāpaitanga's role in advancing women in high performance coaching
Save insight
Leadership
Te Hāpaitanga's role in advancing women in high performance coaching
Keeping our Olympians cool, calm and bug-free
Leadership
Keeping our Olympians cool, calm and bug-free
King's Birthday honours

New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course

Leadership

Save insight

King's Birthday honours

LockerRoom Story: Case Study - Rushlee Buchanan
Save insight
Leadership
LockerRoom Story: Case Study - Rushlee Buchanan
Locker Room Story. Case Study - Rusinee Buchanan
IWG: Mel Johnston - Women in Community Sport Club Leadership
Save insight
Leadership
IMC: Mal Jahnston, Waman in Community Sport Club Landarship
IWG: Mel Johnston - Women in Community Sport Club Leadership
<u>Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand</u>
Save insight
Leadership
To Handanga, Wangan basaking basa dasias and sabaning anasta landasakin in Nasa Zaaland
Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand
Young Women's Leadership Opportunity Provides Huge Value
Save insight
Leadership
Young Women's Leadership Opportunity Provides Huge Value
Toung Women's Leadership Opportunity Provides riuge Value
<u>Value of your network – Whanake o te Kōpara - Ellie Eastwood</u>
Save insight
Leadership
Value of your network – Whanake o te Kōpara - Ellie Eastwood
Chiefs create tie to assist women's rugby in New Zealand and Japan
Save insight
Leadership
Chiefs create tie to assist women's rugby in New Zealand and Japan
Trailblazing surf star lines up new gig
Save insight
Leadership

Trailblazing surf star lines up new gig

Leadership
Sport NZ announces 2024 Sport And Recreation Award Winners
Women in Sport Recruitment and Retention Guidelines ☐ Save insight
Leadership
Women in Sport Recruitment and Retention Guidelines
Pacific Leadership Programme - Impacting Pacific Women & Girls Save insight
Leadership
Pacific Leadership Programme - Impacting Pacific Women & Girls
By Merran Brockie-David - Women in Sport Aotearoa Gender Equity is Good Governance – Lessons from the Sport Sector Save insight
Leadership
Gender Equity is Good Governance – Lessons from the Sport Sector
IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts ☐ Save insight
Leadership
IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts
IWG: Emma Evans - Advancing leadership across the Pacific
Leadership
IWG: Emma Evans - Advancing leadership across the Pacific
2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women's Sport: How Your Sport Can Make the Most Informed Decision. Save insight

Sport NZ announces 2024 Sport And Recreation Award Winners

Save insight

Leadership

2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women's Sport: How Your Sport Can Make the Most Informed Decision.
Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys
Save insight
Leadership
Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys
<u>Frailblazing basketballer making history in All Blacks management</u>
Save insight
Leadership
Trailblazing basketballer making history in All Blacks management
REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE
Save insight
Leadership
REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE
By Sarah Leberman MNZM - Women in Sport Aotearoa
Kiwi breaks the grass ceiling
Save insight
Leadership
Kiwi breaks the grass ceiling
Pacific Women's Leadership Programme - Host organisation impact
Save insight
Leadership
Pacific Women's Leadership Programme - Host organisation impact
By Merran Brockie-David - Women in Sport Aotearoa Women, Sport & Governance
Save insight

Save insight

Women, Sport & Governance

Ann Downey: Great female coaches are there, they just need to be asked

Ann Downe	y: Great	female of	coaches	are there,	they	just	need	to be	ask	ed
	,				,	,,				

The Reykjavík Index for Leadership

公	Save	insight

Leadership

The Reykjavík Index for Leadership

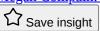
'I'm saying this for the first time': AB's manager's road to the top



Leadership

'I'm saying this for the first time': AB's manager's road to the top

Megan Compain: NZ's First Pro Basketball Player in the USA & All Blacks' New Commercial Manager



Leadership

Megan Compain: NZ's First Pro Basketball Player in the USA & All Blacks' New Commercial Manager

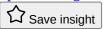
Lisa O'Keefe: Uniting women's sport across the world (Podcast)



Leadership

Lisa O'Keefe: Uniting women's sport across the world (Podcast)

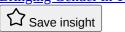
Sports Management Training Programme empowering women in Africa



Leadership

Sports Management Training Programme empowering women in Africa

Bringing Gender in Tool



Leadership

Bringing Gender in Tool

Celebrating Champions of Change: Helene Wilson



Leadership **Celebrating Champions of Change: Helene Wilson** Celebrating Champions of Change: Rebecca Rolls Save insight Leadership **Celebrating Champions of Change: Rebecca Rolls** Pacific Women's Leadership impact: Pualele Craig Save insight Leadership Pacific Women's Leadership impact: Pualele Craig By Merran Brockie-David - Women in Sport Aotearoa 54321 Paris: Luuka Jones Save insight Leadership 5 4 3 2 1 Paris: Luuka Jones Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei Save insight Leadership Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women Save insight Leadership IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women Launch of Basketball New Zealand Emerging Leaders Programme! Save insight

Leadership

Launch of Basketball New Zealand Emerging Leaders Programme!

Wonder Women: Women Who Lead initiative launched



Leadership Wonder Women: Women Who Lead initiative launched IWG: Michelle DeHighden - Developing our NextGEN Female Coaches Save insight Leadership IWG: Michelle DeHighden - Developing our NextGEN Female Coaches Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion Save insight Leadership Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion Black Ferns leader's momentous rugby deal Save insight Leadership Black Ferns leader's momentous rugby deal Supporting good governance through board gender diversity Save insight Leadership Supporting good governance through board gender diversity Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple Save insight Leadership Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple New research reveals how sports clubs manage integrity issues - AUT Save insight

Leadership

Save insight

New research reveals how sports clubs manage integrity issues - AUT

Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions

Leadership
Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions
₩ Save insight
Leadership
Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions
IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot Save insight
Leadership
IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot
Enhancing Participation Pathways for Women Coaches in Community Sport Save insight
Leadership
Enhancing Participation Pathways for Women Coaches in Community Sport
A development experience to remember Save insight
2 Leadership
Leadership
A development experience to remember
A development experience to remember Save insight

A development experience to remember

Parents Guide to getting young women and girls physically active



Leadership

Parents Guide to getting young women and girls physically active

By Briana irving - Aktive - Auckland Sport & Recreation <u>HERA Coaching Young Women and Girls Toolkit</u>



HERA Coaching Young Women and Girls Toolkit

By Briana irving - Aktive - Auckland Sport & Recreation

IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports



Leadership

IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports

IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports



Leadership

IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports

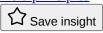
IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.



Leadership

IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.

Hera principles

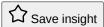


Leadership

Hera principles

By Briana irving - Aktive - Auckland Sport & Recreation

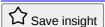
IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports



Leadership

IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports

IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing



Leadership

IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing

IWG: Akane Mikura - JBA progress of developing women coach

Save insight
Leadership
IWG: Akane Mikura - JBA progress of developing women coach
Te Whāriki Hou- Te Mana o te Wahine Save insight
Te Whāriki Hou
Leadership
Te Whāriki Hou- Te Mana o te Wahine
By Amy McClintock - Basketball New Zealand IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture
₩ Save insight
Leadership
IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture
Cycling great dodges potholes in life after sport Save insight
Save insignit
Leadership
Cycling great dodges potholes in life after sport
Fern juggles player and coach roles
Save insight
Leadership
Fern juggles player and coach roles
Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!
Save insight

Leadership

and more!

Save insight

Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report

Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand

Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report

By Rachel Howells - Sport New Zealand

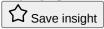
Improving Women's Experiences of Mentorship in Canadian Coaching

Save insight

Leadership

Improving Women's Experiences of Mentorship in Canadian Coaching

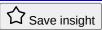
Playing Sports May Be The Secret To Women's Career Success



Leadership

Playing Sports May Be The Secret To Women's Career Success

Nuku Ora W&G Week Collaboration Session



Leadership

Nuku Ora W&G Week Collaboration Session

By Lily Joiner - Nuku Ora

Whanake o te Kopara - Impacting young wahine



Leadership

Whanake o te Kōpara - Impacting young wāhine

By Merran Brockie-David - Women in Sport Aotearoa

Our Partners

- Sport NZ Sport NZ
- Auckland Unlimited Auckland Unlimited
- Spark Sport Spark Sport

Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa

- Facebook
- Instagram
- Twitter
- YouTube
- Contact
- <u>FAQs</u>
- <u>Privacy policy</u>
- Terms of use

Receive the latest news, events and insights as we publish them. Name: Email: Subscribe Close panel Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa Subscribe to our newsletter

Our weekly email delivering the latest insights as we publish them, tailored to your tastes.

First nan	ne:*[
Email:*		

Preferences

Select those that apply to you to help us customise your Insight Hub experience.

Insight Themes

• 🔽

All

• 🗸

Leadership

• 🔽

Social Change

• 🗸

Active Lives

•

High Performance

• 🗸

Visibility and Voice

Insight Content Types

- 🛂
- All
- •

Research

• 🔽

Case studies

• 🔽

News stories

• 🗸

Toolkits

Subscribe now >