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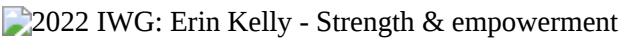
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# 2022 IWG: Erin Kelly - Strength & empowerment

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Co-authored by Erin Kelly


## Erin Kelly, University of Canberra Lightening Talk: Strength & empowerment: maximal strength training as an intervention to improve the mental health and wellbeing of survivors of intimate partner violence



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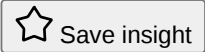
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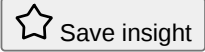


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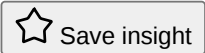


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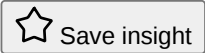
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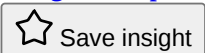
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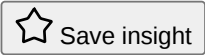
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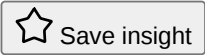


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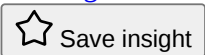


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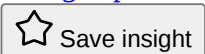


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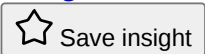
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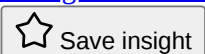
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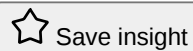
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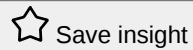


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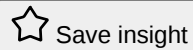


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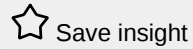


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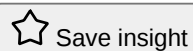


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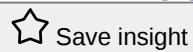


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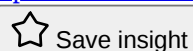
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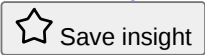
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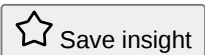
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By Kirsten Spencer - Auckland University of Technology  
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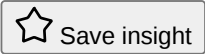
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By Alysha Jensen - Netball New Zealand  
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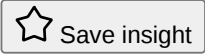
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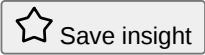
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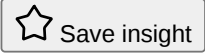
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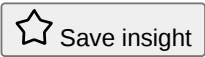
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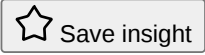
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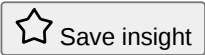
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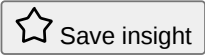
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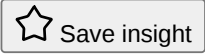
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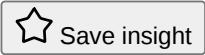
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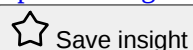
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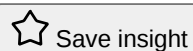
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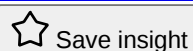
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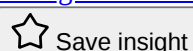
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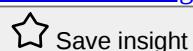
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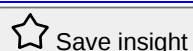
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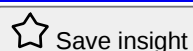
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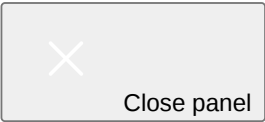


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