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# 2022 IWG Conference - Day 2: Engaging Girls in Physical Activity and Sport

Theme:  
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 2022 IWG Conference - Day 2: Engaging Girls in Physical Activity and Sport



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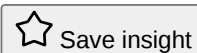
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## Adventures doing a POWA of good

By Angela Walker - LockerRoom

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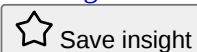


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## Is Paris 2024 really achieving its goals for gender equality?

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia

[New legislation for gender identity and sex characteristics in Queensland sport](#)

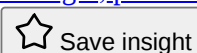


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## New legislation for gender identity and sex characteristics in Queensland sport

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia

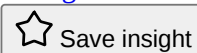
[Strength, power and aerobic capacity of transgender athletes: a cross-sectional study](#)



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## Strength, power and aerobic capacity of transgender athletes: a cross-sectional study

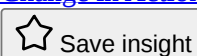
[Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football](#)



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## Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football

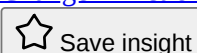
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## Change in Action Week - Innovative Impact FINALIST - Active Wāhine

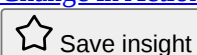
[Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy](#)



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## Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

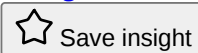
[Change in Action Week - Rangatahi FINALIST - Sylvia Brunt](#)



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## **Change in Action Week - Rangatahi FINALIST - Sylvia Brunt**

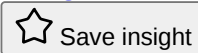
[Change in Action Week - Innovative Impact FINALIST - Wāhine Toa](#)



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## **Change in Action Week - Innovative Impact FINALIST - Wāhine Toa**

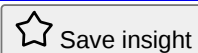
[Change in Action Week - Rangatahi Winner - Carmel College](#)



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## **Change in Action Week - Rangatahi Winner - Carmel College**

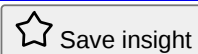
[ADIDAS BREAKING BARRIERS RESEARCH](#)



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## **ADIDAS BREAKING BARRIERS RESEARCH**

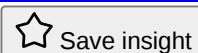
[Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition](#)



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## **Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition**

[GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN](#)

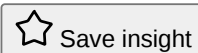


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## **GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN**

By Emma Evans - Sport New Zealand

[A 2024 SURVEY FOR: Women in Trail and Ultrarunning](#)

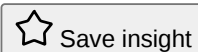


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## **A 2024 SURVEY FOR: Women in Trail and Ultrarunning**

By Ali Pottinger - Squadrun

[2022 IWG: Christine Young - Integrity in HP Youth Sport](#)



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## 2022 IWG: Christine Young - Integrity in HP Youth Sport

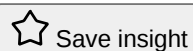
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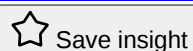
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## 2022 IWG: Nicole Terril - Bruce Pulman Park – Collaborating, Connecting, Enabling Our Wāhine in Sport

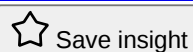
[2022 IWG: Kirsten Spencer - Sport as a social development tool](#)



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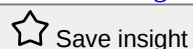
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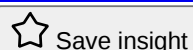


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## Understanding Period Poverty Infographic

By Cheycoda Cocks - Sport Manawatu

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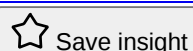


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## Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairāwhiti

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By Jenna Murie - Netball New Zealand

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By Jess Davidson - New Zealand Cricket

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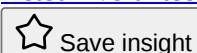


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## Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME

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## Netball Volunteer Programme

By Jenna Murie - Netball New Zealand

[Mind. Set. Engage. Rugby's mental wellbeing programme.](#)



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## Mind. Set. Engage. Rugby's mental wellbeing programme.

[Sport as a Social Development Tool](#)



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## Sport as a Social Development Tool

By Kirsten Spencer - Auckland University of Technology

[Netball Player Development Programme](#)



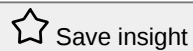
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## Netball Player Development Programme



By Alysha Jensen - Netball New Zealand

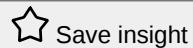
## [COACHING GIRLS GUIDE: HOW TO GET \(AND KEEP\) GIRLS PLAYING](#)



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### **COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING**

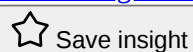
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### **Why Aussie women's sport needs to talk about fertility**

[She Belongs: Building Social Connection for Lasting Participation in Sport](#)

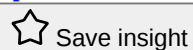


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### **She Belongs: Building Social Connection for Lasting Participation in Sport**

By Canadian Women & Sport - Canadian Women & Sport

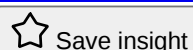
[Sport for Sustainable Development: Designing Effective Policies and Programmes](#)



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### **Sport for Sustainable Development: Designing Effective Policies and Programmes**

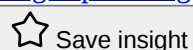
[The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport](#)



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### **The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport**

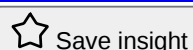
[Huge uptick in girls and women playing football in New Zealand](#)



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### **Huge uptick in girls and women playing football in New Zealand**

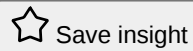
[Resources on Male Allyship](#)



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## Resources on Male Allyship

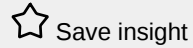
[Rally Report Insights: Body Confidence](#)



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## Rally Report Insights: Body Confidence

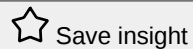
[Rally Report Insights: Mental Health](#)



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## Rally Report Insights: Mental Health

[What type of uniforms do women want to wear when they referee or umpire sport?](#)



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## What type of uniforms do women want to wear when they referee or umpire sport?

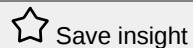
[Women & Padel: Start of a love story](#)



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## Women & Padel: Start of a love story

[Empowering young women to lead their experiences - Journeys Central Otago](#)

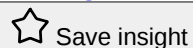


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## Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

[Creating safe environments for young women to be active their way](#)

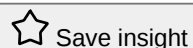


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## Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

[Kōhine māia](#)

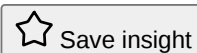


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## Kōhine māia

By Rachel Howells - Sport New Zealand

[Yeah! Girls Move - Cricket not the way you know it](#)

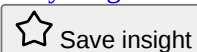


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### **Yeah! Girls Move - Cricket not the way you know it**

By Rachel Howells - Sport New Zealand

[For young women, by young women - WORD girls-only programme](#)

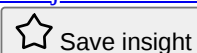


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### **For young women, by young women - WORD girls-only programme**

By Rachel Howells - Sport New Zealand

[Not just for the "sporty", the Not-So-Sports-Club](#)

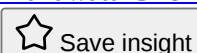


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### **Not just for the "sporty", the Not-So-Sports-Club**

By Rachel Howells - Sport New Zealand

[Manawatū Cricket Association case study](#)

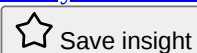


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### **Manawatū Cricket Association case study**

By Cheycoda Cocks - Sport Manawatu

[Backyard Smash & Sista Smash](#)

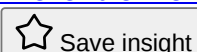


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### **Backyard Smash & Sista Smash**

By Roxanna Holdworth - This is ME

[The female-friendliness of New Zealand's tennis clubs](#)



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### **The female-friendliness of New Zealand's tennis clubs**

[Removing Period Poverty As a Barrier to Participation](#)


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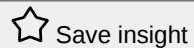
["Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes](#)

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## "Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

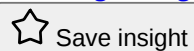
[Nutrition For Female Athletes](#)



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## Nutrition For Female Athletes

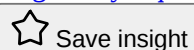
[Coaching through a Gender Lens Infographic](#)



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## Coaching through a Gender Lens Infographic

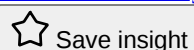
[Angel City Equity House Podcast: Myth Busters presented by Gatorade](#)



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## Angel City Equity House Podcast: Myth Busters presented by Gatorade

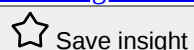
[2022 IWG: Emily Davidson - She Loves Golf Presentation](#)



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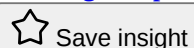
[Hikurangi Golf Club president Felice Croft encouraging more women into the sport](#)



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## Hikurangi Golf Club president Felice Croft encouraging more women into the sport

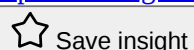
[Running and periods: The myths about exercise and your menstrual cycle, debunked](#)



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## Running and periods: The myths about exercise and your menstrual cycle, debunked

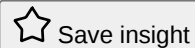
[Updated Pregnancy guidance from UK Sport](#)



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## Updated Pregnancy guidance from UK Sport

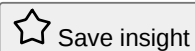
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**IWG: Daenin Roth - Grassroots Role Models Inspiring Change**

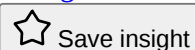
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[Young Women Profile - September 2021](#)



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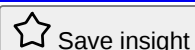
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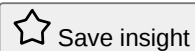
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**New Zealand Football Performance & Prevention - Considerations for Female Athletes**

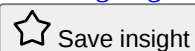
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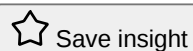


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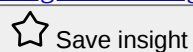


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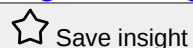


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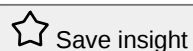


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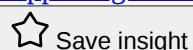
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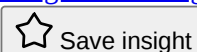


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