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

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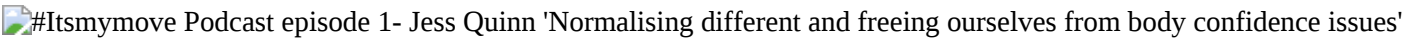
 

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#Itsmymove Podcast episode 1- Jess Quinn 'Normalising different and freeing ourselves from body confidence issues'

Theme:
Participation



[Rachel Howells](#)
Co-authored by Sport NZ, Bel Crawford

In the first of this five-part series, Bel talks to Jess Quinn about how she found her favourite ways to move. From growing up with additional needs to now feeling comfortable in her own skin - this conversation will inspire you to get moving up and get moving.

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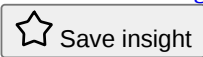
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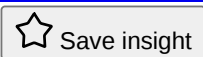
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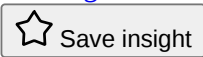
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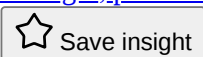
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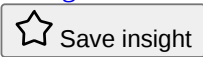
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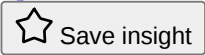
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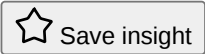


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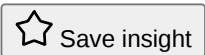


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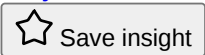
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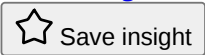
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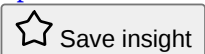


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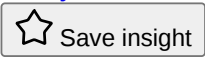
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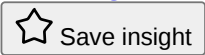
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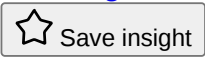
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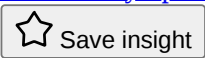
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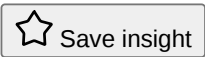
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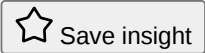
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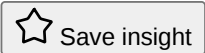
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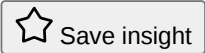
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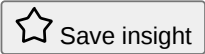
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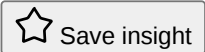
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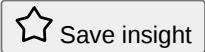
[2022 IWG: Emily Davidson - She Loves Golf Presentation](#)



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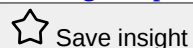
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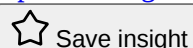
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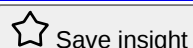
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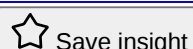
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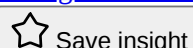
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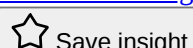
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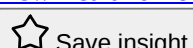
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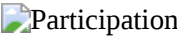
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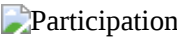
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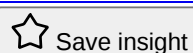
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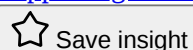
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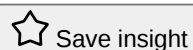
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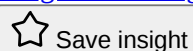
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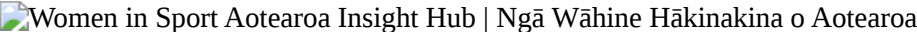
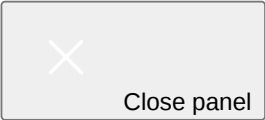
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